What is claimed is:

1. A notebook comprising:

a stack of papers;

a pouch having generally the same size and shape in top view as said stack of papers, said pouch including an inner cavity in which loose objects can be stored; and a binding mechanism binding said stack of papers and said pouch together, wherein at least part of said binding mechanism extends through said stack of papers and said pouch to bind said stack of papers and said pouch.

- 2. The notebook of claim 1 wherein said binding mechanism is a coil or spiral binding mechanism.
- 3. The notebook of claim 1 wherein each paper of said stack of papers includes a plurality of printed guidelines located thereon.
- 4. The notebook of claim 1 wherein said notebook includes a rear cover bound to said stack of papers and said pouch by said binding mechanism, said rear cover having a greater stiffness than a paper of said stack of papers.
- 5. The notebook of claim 4 wherein said rear cover is bound to said stack of papers and said pouch such that said stack of papers can be located between said pouch and said rear cover.
 - 6. The notebook of claim 1 wherein said pouch is generally transparent.
- 7. The notebook of claim 1 wherein said pouch includes a pair of opposed panels joined together at their outer peripheries to form a cavity therebetween.
 - 8. The notebook of claim 7 wherein at least one of the panels is generally transparent.

- 9. The notebook of claim 1 wherein the pouch further includes a mouth for accessing the inner cavity.
- 10. The notebook of claim 9 wherein the pouch includes a closure mechanism for selectively closing and opening the mouth.
- 11. The notebook of claim 1 wherein said pouch is generally rectangular in top view and includes a pair of lateral edges and a pair of longitudinal edges, and wherein said pouch is bound to said stack of papers along one of said lateral edges.
- 12. The notebook of claim 11 wherein said pouch is generally aligned with said stack of papers such that the longitudinal and lateral edges of said pouch are aligned with a pair of longitudinal edges and a pair of lateral edges, respectively, of the papers.

13. A notebook comprising:

a stack of papers; and

a pouch bound to said stack of papers, said pouch having generally the same size and shape in top view as said stack of papers, said pouch including an inner cavity in which loose objects can be stored, said pouch being generally rectangular in top view and including a pair of lateral edges and a pair of longitudinal edges, and wherein said pouch is bound to said stack of papers along one of said lateral edges.

- 14. The notebook of claim 13 wherein each longitudinal edge is about twice as long as each lateral edge.
- 15. The notebook of claim 13 wherein said notebook further includes a binding mechanism binding together said stack of papers and said pouch.
- 16. The notebook of claim 15 wherein said binding mechanism is a coil or spiral binding mechanism.

- 17. The notebook of claim 15 wherein at least part of said binding mechanism extends through said stack of papers and said pouch to bind said stack of papers and said pouch.
- 18. The notebook of claim 13 wherein each paper of said stack of papers includes a plurality of printed guidelines located thereon.
- 19. The notebook of claim 13 wherein said notebook includes a rear cover bound to said stack of papers and said pouch, said rear cover having a greater stiffness than a paper of said stack of papers.
- 20. The notebook of claim 19 wherein said rear cover is bound to said stack of papers and said pouch such that said stack of papers can be located between said pouch and said rear cover.
 - 21. The notebook of claim 13 wherein said pouch is generally transparent.
- 22. The notebook of claim 13 wherein said pouch includes a pair of opposed panels joined together at their outer peripheries to form a cavity therebetween.
 - 23. The notebook of claim 22 wherein at least one of the panels is generally transparent.
- 24. The notebook of claim 13 wherein the pouch further includes a mouth for accessing the inner cavity.
- 25. The notebook of claim 24 wherein the pouch includes a closure mechanism for selectively closing and opening the mouth.
 - 26. The notebook of claim 13 wherein said pouch is generally flexible.

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27. The notebook of claim 26 wherein said pouch is generally aligned with said stack of papers such that the longitudinal and lateral edges of said pouch are aligned with a pair of longitudinal edges and a pair of lateral edges, respectively, of the papers.

28. A notebook comprising:

a stack of papers; and

a pouch bound to said stack of papers, said pouch including an inner cavity in which loose objects can be stored, said pouch being generally transparent such that a top one of said stack of papers is visible through said pouch when no objects are received in said pouch.

- 29. The notebook of claim 28 wherein said pouch has generally the same size and shape in top view as said stack of papers.
- 30. The notebook of claim 28 wherein said notebook further includes a binding mechanism binding together said stack of papers and said pouch.
- 31. The notebook of claim 30 wherein at least part of said binding mechanism extends through said stack of papers and said pouch to bind said stack of papers and said pouch.
- 32. The notebook of claim 30 wherein said binding mechanism is a coil or spiral binding mechanism.
- 33. The notebook of claim 28 wherein each paper of said stack of papers includes a plurality of printed guidelines located thereon.
- 34. The notebook of claim 28 wherein said notebook includes a rear cover bound to said stack of papers and said pouch, said rear cover having a greater stiffness than a paper of said stack of papers.

- 35. The notebook of claim 33 wherein said rear cover is bound to said stack of papers and said pouch such that said stack of papers can be located between said pouch and said rear cover.
- 36. The notebook of claim 28 wherein said pouch includes a pair of opposed panels joined together to form a cavity therebetween.
 - 37. The notebook of claim 36 wherein both of the panels are generally transparent.
- 38. The notebook of claim 28 wherein the pouch further includes a mouth for accessing the inner cavity.
- 39. The notebook of claim 38 wherein the pouch includes a closure mechanism for selectively closing and opening the mouth.
- 40. The notebook of claim 28 wherein said pouch is generally rectangular in top view and includes a pair of lateral edges and a pair of longitudinal edges, and wherein said pouch is bound to said stack of papers along one of said lateral edges.
- 41. The notebook of claim 40 wherein said pouch is generally aligned with said stack of papers such that the longitudinal and lateral edges of said pouch are aligned with a pair of longitudinal edges and a pair of lateral edges respectively of the papers.
 - 42. A notebook, comprising:
 - a) a front cover comprising:
 - i) first and second front cover lateral edges,
 - ii) first and second front cover longitudinal edges,
- iii) an upper layer having a mouth, the mouth being located proximate the first front cover longitudinal edge,
 - iv) a lower layer generally aligned with the upper layer, and

- v) a first series of openings located proximate the first front cover lateral edge;
 wherein the upper and lower layers are peripherally coupled at the first and second front
 cover lateral edges and at the first and second front cover longitudinal edges to form an inner
 cavity therebetween;
 - b) at least one paper sheet located under the front cover and comprising:
- i) first and second paper lateral edges, generally aligned with the first and second front cover lateral edges respectively,
- ii) first and second paper longitudinal edges, generally aligned with the first and second front cover longitudinal edges respectively, and
- iii) a second series of openings located proximate the first paper lateral edge, the second series of openings extending through the paper sheet and being generally aligned with the first series of openings;
- c) a rear cover located under the paper sheet, said rear cover having a stiffness greater than said at least one paper sheet and comprising:
- i) first and second rear cover lateral edges, generally aligned with the first and second paper lateral edges respectively,
- ii) first and second rear cover longitudinal edges, generally aligned with the first and second paper longitudinal edges respectively, and
- iii) a third series of openings located proximate the first rear cover lateral edge, the third series of openings extending through the rear cover and being generally aligned with the first and second series of openings; and
- d) a binding mechanism extending through the generally aligned first, second and third series of openings to pivotally connect together the front cover, paper sheets, and rear cover.